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Maiken Nedergaard, M.D., D.M.Sc., is Co-Director of the Center for Translational Neuromedicine at the University of Copenhagen and the University of Rochester Medical Center. She is recognized for discovering the glymphatic system, a brain-wide pathway for waste clearance that links sleep to neurodegenerative disease. Her work has contributed to our understanding of brain fluid transport, glial biology, and the role of sleep in maintaining cognitive health. She is a member of multiple national academies and recipient of international awards for her contributions to neuroscience.